



This Community Healing Circle is open to all community members, 16 years of age and older, healing from any experience of violence.

This will be a confidential and respectful space. We ask that you help us foster safety and care for one another in this sacred space.

This is a space that is:

- Free from drugs and alcohol. (Prescription medication is permitted.)
- Free from verbal and physical violence, abuse, harassment, or bullying of any kind (emotional, psychological, physical, and sexual).

Being in this space, you agree to:

- Leave your phone by the door.
- Take responsibility to create a positive sharing and healing environment for all.
- Show care and concern for all.
- Respect the personal space and privacy of all.
- Share what you know. Acknowledge the different kinds of knowledge and experiences as true, but not universal. Respect your own expertise about your own life.
- Share the air.
- Use language appropriately to explain, but never to demean or “shut down”.
- Avoid using identifying information (i.e. names).
- Listen to all.
- Participate when and where you feel safe to do so.
- Take care of your own needs.
- Apply what you have learned to move you positively through your own healing journey.
- Let what is said in the healing circle, stay in the healing circle.

Please note:

Confidentiality will be breached and there is a duty to report if there are “reasonable grounds to suspect” that a child (under 16 years of age) may be in need of protection; this includes harm or risk of harm from physical, sexual or emotional abuse, or neglect.

If any of these standards are broken, the infraction will be dealt with by the facilitators and may result in one warning and/or in you being asked to leave the healing circle.

Name: _____ / Signature: _____ / Date: _____